



HealthyTM
Beast

HEALTHY BY NATURE



Prospectus

FLEXIBLE DISTANCE LEARNING

Diploma Course in Essential Oil Therapy for Animals

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Welcome

Welcome to Healthy Beast. We provide education in Essential Oil Therapy for Animals and other animal related courses and workshops for owners, carers and animal health professionals.

This prospectus contains everything you need to know about the Distance Learning Course, giving you an insight into who we are and what we can offer you.

Aims and Objectives of Healthy Beast

Our primary aim is to improve the health and wellbeing of animals by offering the best education in complementary therapies. We are a centre of vocational excellence in our field of Animal Healthcare.

We provide the very best rehabilitation services for horses and ponies through our Therapy Centre, specialising in Essential Oil Therapy. We mainly use complementary therapies but use conventional treatment when necessary. Our vet, Bobby McEwen MRCVS, advises us on all cases that come through the Therapy Centre.

We can achieve these aims by combining three key elements:

- Provide courses and continuing professional development (CPD) for animal healthcare professionals and owners.
- Provide a referral service for treating and rehabilitating horses using complementary therapies alongside conventional treatment in our Therapy Centre.
- Initiate and support relevant research in our specialised fields.

We can do this because Healthy Beast:

- 1) Provides a very high standard in all of the courses that we offer.
- 2) Initiates and promotes research to pioneer the development of new and updated information in complementary therapies with animals.
- 3) Provides and obtains evidence based research.
- 4) Uses the highest qualified, experienced and respected tutors in their field.
- 5) Offers clinically practical based courses, facilitated by the Therapy Centre, the animals on the farm, onsite herb walks and practical demonstrations for on-site courses.
- 6) Provides inspiring and rewarding Distance Learning courses
- 7) Offers recognised, respected and sought after qualifications.

Distance Learning Course in Essential Oil Therapy for Animals

Our Distance Learning course gives you the flexibility to study from home. Whether you are looking to enhance your knowledge in looking after your own animals, integrate this therapy into your practice or you just have the desire to learn more about complementary therapies then this course offers you the study freedom to learn at your own pace.

Distance Learning also gives you financial flexibility as you can pay for each module as you follow the pathway to the Diploma.

Just because you are learning from home doesn't mean that you won't be supported every step of the way. Each module has an experienced tutor who you will be able to contact for guidance and help with your course—because we care about our students and we want you to succeed. With modern technology we are only an email or telephone call away.

Pre-requisites for the Course

- Minimum age 18 years old.
- Have experience of working with and/or owning animals.
- A minimum of 3 GCSEs or equivalent (at Grade C and above including English, Science + 1 other) (see mature student intake).
- Students can apply for Accredited Prior Learning (APL) (e.g. already have a qualification in Anatomy and Physiology such as Animal Care /Management, Vet Nursing, FD/ND)
- Need to become a student member of GEOTA (The Guild of Essential Oil Therapists for Animals) which is the governing body.

Mature Students

Entry requirements: A wide range of qualifications are normally acceptable for entry to the Diploma course in Essential Oil Therapy for Animals. While we live in a world where your paper qualifications are important, they are not the be-all and end-all for the purpose of admission to higher education. Please contact the office to discuss this further.

Course Summary:

- v Who does this course suit?
 - v What is Essential Oil Therapy for Animals?
 - v Structure and Modules
 - v Certification and Assessment method
 - v Course fees
-

Course Title

Diploma Course in Essential Oil Therapy for Animals.

Aims and objectives of this Course

The Distance Learning Diploma course in Essential Oil Therapy for Animals is designed to give every student a sound and practical understanding of this unique approach to natural animal healthcare. Our aim is to provide a high standard of education so that by the end of the course participants will leave equipped with the knowledge of 46 essential oils and their safe use with animal patients. We aim to train students to a high professional standard, thus enhancing the quality and credibility of this field of complementary therapy.

Course structure

Course Outline:

These are the main elements for the Distance Learning course:

- 1) Anatomy & Physiology.
- 2) The study of 46 essential oils, their therapeutic effects and safety issues.
- 3) Kinesiology and essential oil selection
- 4) Animal Health & Welfare
- 5) Essential Oil Chemistry
- 6) Health & Safety using Essential Oils
- 7) Veterinary Legislation
- 8) Client liaison and Consultations
- 9) Product Blending for topical treatments including shampoos, fly and flea sprays and various products for skin problems.

You will become equipped with the knowledge of the safe use of 46 essential oils commonly used with animals and be able to educate owners in their safe use on their own animals.

Who does this Course suit?

This course is suited to animal healthcare professionals and owners alike. The course structure has been devised to cater for those of you who wish to enhance your knowledge and skills and care for your own animals and for those of you who wish to incorporate this Therapy into your profession, such as Vet Nurses and other animal healthcare professionals.

Introduction

What is Essential Oil Therapy for Animals?

Essential oil therapy for animals is the use of essential oils and aromatic waters, also known as hydrosols, to promote optimal health and aid recovery from disease. The therapy combines traditional knowledge with modern scientific thinking, offering a natural choice of relief for many common physical and behavioural problems in animals, such as allergies, arthritis, digestive disorders, laminitis, muscular strains, tendon and ligament sprains, respiratory infections, sarcoids, stress-related disorders, viruses and wounds.

We always seek Veterinary advice initially and do not diagnose. We assess the imbalances in the animals body using kinesiology and then use Essential Oil Therapy for many behavioural and physical conditions.

How do Essential oils work?

When the essential oil is inhaled, the uptake and distribution of the chemical constituents are transmitted via chemical messengers directly into the brain and brain stem via complex neural and circulatory pathways. Essential oil molecules are absorbed into the blood stream through the mucous membranes and when ingested through the gut wall. Therefore, essential oils have a broad effect on the body, directly influencing the limbic system (the emotional command centre), balancing the autonomic nervous system and exerting specific physiological effects throughout the body. The essential oils are never massaged into the coat of an animal.

Course Notes and Support Materials

All course participants will receive full course notes on all sections of the course. Supportive study material for the individual essential oils will be provided. A suggested reading list will be available for all topics covered in the course.

Some of the modules require you to buy or take out a library book to complete the modules, this is reflected in the price for each module.

An essential oil Starter Kit is also available to purchase from the office.

Modules

HB00—HB11

You must complete **one** Anatomy & Physiology module (either HB00 or HB01) which is a pre-requisite for the Essential Oil Therapy for Animals course, unless you are applying for APL. These two modules are also available as stand-alone modules and are for those who have had no formal training in Animal Anatomy & Physiology. It is therefore possible to take both Anatomy & Physiology modules if you wish but this is not a requirement for the taking the Diploma course, only **one** module of your choice is a pre-requisite.

All modules include self-assessment questions throughout plus an End of Course Assignment (ECA) which needs to be completed within the specified time frame. The answers to the self-assessment questions are available at the back of each of the modules.

Each module will need to be completed within 8 weeks before undertaking the next module. There are certain core (compulsory) modules and certain modules which are available as stand-alone modules.

The cost for each module includes resources, tutor marked assignments, tutorial support, postage & packing when necessary. HB04 also includes samples of the essential oils which is why this module is more expensive.

MODULE DESCRIPTIONS

HB00 - Animal Anatomy & Physiology for Companion Animals (Dogs & Cats)

and/or:

HB01—Animal Anatomy & Physiology for Equines (Horses & Ponies)

All you've ever needed to know but were afraid to ask.

This module is a great introduction for people that have had no formal training in Animal Anatomy and Physiology. Using the Dog & Cat and/or Horse as examples, we aim to give you a basic overview of all the bodily systems and functions. If you are following the equine pathway you do need to provide details of previous experience with horses.

We will also introduce you to some common veterinary terminology, so that you will be able to communicate more professionally with other animal healthcare practitioners and Veterinary Surgeons.

(please note that you only need to complete one of these modules to move onto HB02)

**COST: HB00 £150
HB01 £150**

HB02— Animal Health and Welfare—Introduction to Pathology and Animal Legislation—PART I

This module will give animal carers/owners an opportunity to study a wide variety of disease processes in companion animals and equines. It introduces new terms covering basic immunology, parasitology and the main groups of micro-organisms relevant.

It also gives animal carers/owners initial insights into the disruption of normal structure and function caused by common micro-organisms, parasites and diseases.

This module will also give you an understanding of matters relating to the legislation governing the welfare of animal's and veterinary treatment in the UK.

COST: HB02: £150

HB03—BASIC CHEMISTRY OF ESSENTIAL OILS—PART I

This module will provide you with an understanding of the nature and functions of the chemicals found in Essential Oils. This will enhance students awareness of the components that contribute to the therapeutic actions of the essential oils when they are utilised for animal therapy. It will also cover the Healthy & Safety aspects and contra-indications when selecting and applying Essential Oil Therapy to animals.

You will also cover a botanical overview on the plants ability to produce essential oil products and how the oils are harvested; an understanding of carrier oils and their production and use.

COST: HB03: £150

HB04—Introduction to Essential Oil Therapy for Animals - PART I

A detailed study of 46 selected essential oils for therapeutic use with animals. This module will give initial insight to their main constituents, source, application and Health & Safety in the use of these essential oils in animal therapy. It also gives students relevant understanding of the sense, scent and psyche of Olfaction related to animals when using essential oils for therapeutic use.

COST: HB04: £250 (includes samples of essential oils and information on the practical application of Essential Oil Therapy for Animals)

HB05—Carrier Oils and Aromatic Waters (Hydrosols) - PART II

A detailed study of the carrier oils, also known as base oils, which the essential oils are diluted into and their therapeutic effects.

A detailed study of aromatic waters, also known as hydrosols, which are the condensate water coproduced during the steam distillation of plant material for aromatherapeutic purposes.

COST: HB05: £150

HB06—3 day Practical application of Essential Oil Therapy, Kinesiology and practical Examination

These 3 days will be spent going through the application of essential oils with a variety of animals. An introduction to kinesiology and surrogate testing to locate the imbalances in the animals body and select the appropriate essential oils. There will be a Practical Assessment which includes an Oral Examination in educating Owners in the safe use of Essential Oil Therapy for Animals.

COST: HB06: £250

HB07— Animal Diseases

Identify a range of common ailments in animals and related body systems and be able to describe essential oil selection that may be applied for a range of common ailments following referral by a veterinary surgeon. Understand and explain holistic management in animal health and welfare for all animal carers/owners.

Understand the principles of animal disease. Recognise different types of wounds and their management.

COST: HB07: £150

HB08— Further Essential Oil Chemistry

Understand particular chemical structures and their effects on essential oil properties. Understand simple botanical concepts and mechanisms by which plants produce essential oils and understand simple pharmacology.

COST: HB08: £150

HB09— Product Blending for topical application

Understand the concept behind the science of dosage. Produce topical therapeutic essential oil products using gels, creams, clays, shampoos, washes and hydrosols.

Health & Safety issues and storage of essential oils and products.

COST: HB09: £150

HB10—Kinesiology (muscle testing) Practical onsite 2 day module

Understand the principles of kinesiology and surrogate testing. Utilise manual muscle-testing techniques to gain information about the structural, chemical, mental and energy aspects of the animal (by surrogate testing).

Reinforce the principles of kinesiology. Determine the essential oils selected are at the correct dosage utilising kinesiology procedures. Learn how to check for food sensitivities.

COST: HB10 £150

HB11—Diploma Course Case Studies

Understand the basics for completing the 8 case studies to achieve the Diploma in Essential Oil Therapy for Animals. There will be a selection of past case studies included to give a better understanding of how Essential Oil Therapy actually works with before and after photo's where appropriate. Students will then have up to 8 (eight) months to complete these case studies. Individual tutorials will be available on request during this time to provide support.

COST: HB10—£100

Assessment and Certification

Certification requirements:

- Completion of all core modules with a minimum pass of 50% required on Tutor Marked Assessments (TMA's).
- Minimum of 65% pass in the practical oral exam in HB06.
- Ongoing course assessments: There will be TMA assignments set in each module and the total marks will be calculated and go towards your final marks.
- Submit eight case studies within 8 months of completion of the course.

Graduates of this course are entitled to use the letters MGEOTA after their name.

Course Structure

For the Diploma:

This modular Distance Learning course must be taken in sequence if you wish to gain the Diploma at the end of the course. You will also need to complete the 3 day on-site practical revision, examination and kinesiology day. You will need to submit 8 case studies at the end of the course.

HBOO and/or HBO1

HBO2, HB03, HB04, HB05, HB06, HBO7, HB08, HB09, HB10, HB11

For the Certificate:

You will need to complete the modules in sequence but will not need to take the practical exam or complete the case studies.

HB00 and/or HB01

HB02, HB03, HB04, HB05, HB06, HB07, HB08, HB09

Some of the modules are available as stand-alone modules which can be taken out of sequence and at any time and these include:

HB00: Anatomy & Physiology for Companion animals (Dogs & Cats)

HB01: Anatomy & Physiology for Equines

HB02: Veterinary Module—Part I

HB03: Chemistry Module—Part I

HB07: Veterinary Module—Part II

HBO8: Chemistry Module—Part II

Procedures and Policies

Policy statement

Our policy and practice will be concerned with the prevention of both direct and indirect, overt and covert discrimination, and the promotion of justice and equality. This necessitates both the removal of existing educational barriers and positive attempts to create new opportunities.

The Centre seeks to promote equality of opportunity for all, and to eliminate discrimination, particularly on the grounds of colour, gender, sexual orientation, ethnic origin, age, disability, religion and socio-economic background. The Centre requires staff, students and visitors to behave in a non-discriminatory manner and to support, implement and develop institutional practices and procedures that promote and reinforce equality of opportunities and treatment for all.

The Centre is committed to working towards the creation of additional educational and employment opportunities for groups currently under-represented among students and staff and to ensure that access to these opportunities is not obstructed by conditions or requirements that cannot be justified.

Disclaimer

This Prospectus describes the facilities and courses which Healthy Beast intends to offer for 2009 and 2010. However, Healthy Beast reserves the right to cancel, suspend or modify in any way, the details contained in this Prospectus. While every effort has been made to ensure that the information contained in this Prospectus is correct at time of print, no responsibility can be taken for any inaccuracies.

All course fees quoted for 2009/2010 are subject to change.

TUTORS

The following tutors will be available for continuing tutorial support via email or telephone when completing the Distance Learning course.

Karen Bourdon, Chairperson of GEOTA and Director of Healthy Beast

Trained in Essential Oil Therapy for Animals and qualified in 1998, Karen has also trained in human Aromatherapy with the Pacific Institute of Aromatherapy (Kurt Schnaubelt) and has gained much experience over the last 11 years successfully treating all types of animals but specialising in horses. She completed the foundation course at the Academy of Systematic Kinesiology. Karen founded GEOTA in January 2000 and gives various lectures on Essential Oil Therapy for Animals throughout the UK and Ireland. She has set up an Equine Therapy centre at Horsehay Farm, which offers the ultimate box-rest facilities and specialises in Essential Oil Therapy and other complementary therapies alongside conventional treatment.

Loretta Perrella, Director of GEOTA

Loretta is co-founder and a director of GEOTA. She qualified in Essential Oil Therapy for Animals in 1999. She has since gained experience working with Karen on many different cases over the years. Loretta has an HND in Equine Science and has been working with horses for many years. She is a qualified human aromatherapist and has completed several post-graduate courses including aromatic medicine and systematic kinesiology.

Ian Cambray-Smith MSc, BSc, FIFPA

A one-time research chemist, Ian has excellent skills in making complex subjects simple; he is also a qualified aromatherapist. This blend of theoretical and hands-on experience enables Ian to lead you to a clear understanding of the subject in hand. He is co-author of the book *“Carrier Oils for Use in Aromatherapy and Massage”* and is currently Programmes Manager for The Prince’s Foundation for Integrated Health.

Dr Sue Baddeley BSc, PhD, PGCE, MGEOTA

After taking a BSc in Biological Science and a PhD in Pathology, Sue became involved in education lecturing the theory and practical elements of Animal Management/Husbandry, Science and managing resources and staff. Sue qualified in Essential Oil Therapy for Animals in 2005 and over the years Sue has also worked for the RSPCA as a shelter manager. Sue now works for VETNET LLN liaising with colleges/universities and employers to help bring together information about CPD and higher education for the more vocational land based learners. Sue is also a Pets as Therapy (PAT) Assessor.

Christina Gardiner HND, LVN, Cert Ed, MiFL

Christina originally studied Animal Management and Applied Science before training to become a veterinary nurse. She has always had a keen interest in the transmission of infectious diseases as well as critical care nursing of acute injuries. Chrissie also maintains an interest in rehabilitation of spinal patients and how attention to detail can enhance and speed up the recovery process.

Recommended UK Essential Oil Suppliers

Organic Herb Trading Co: 01823 401205
Avicenna: 01570 471000
Fragrant Earth: 01458 831216
Essentially Oils: 0845 1304400
Purple Flame: 01676 542540
Kobashi: 01392 217628
PA Aromatherapy: 01430 432088
Materia Aromatica: 0208 392 9868

ACCOMODATION

The on-site element of this Distance Learning Course is non-residential. A list of local B&Bs and hotels will be sent out with the confirmation pack on registration. Please book in early to avoid disappointment. Further information is available on the website – www.healthybeast.com

Venue and Facilities

Horsehay Farm is the setting for Healthy Beast's on-site courses and provides an ideal combination of resources for an exceptional learning experience. Horsehay Farm is set in the heart of England, in the beautiful Cotswold countryside. The farm's collection of domestic and companion animals include horses, goats, dogs, cats and an assortment of exotic animals including parrots and tortoises.

The farm itself has an abundance of flora and fauna on the land including a variety of rare wild orchids. With the various flora present on the farm, together with the streams, hedgerows, woodlands and ponds, the farm has great conservation value. It supports a variety of habitats including species-rich grassland, water features and woodland areas which are characteristic features of the Cotswold Natural Area.

A wildlife survey completed in 1998 for the farm includes Monkjack which use the wild areas to breed, two badgers sets, fox covers, rare butterflies and an abundance of insects plus various pond life such as ducks, frogs, newts, fish etc. Bat boxes, bird and owl boxes have been placed at various points around the farm to encourage conservation.

A nature/herb walk is being planned as part of the development. It will help students to identify herbs in the wild and become familiar with their natural habitat.

We have a fabulous Education and Equine Therapy centre on the farm. The ground floor of the Centre houses the Equine Therapy and rehabilitation centre with Healthy Beast's on-site courses being held on the first floor.

Registration

Simply complete and return the registration form enclosed in this Prospectus, together with your payment for the module you wish to complete. The forms are also available to download from our website at www.healthybeast.com.

If you have any questions about course admissions, please contact the office on 01869 349955 or email us at courses@healthybeast.com. Once your registration is complete, full course information and a confirmation pack will be sent to you.

Terms and Conditions

By signing the registration form, the student is bound by the terms of contract. Acceptance of a place on a course constitutes a term of contract between the student and Healthy Beast.

Refunds

There is no entitlement to a refund of course fees once the course material has been sent out.

Payment of fees

Flexibility

Once the course fees for each module have been received your place will be confirmed. Payment will be accepted by either cheque, cash, credit/debit card, standing order/direct debit or bank transfer.

It is the students responsibility to ensure that all fees are paid promptly at the appropriate time and if these fees are not paid, Healthy Beast reserves the right to suspend or withdraw the student before completion of the course. A certificate of attendance will not be issued until all overdue balances are settled.

Course Fees

Each module must be taken in sequence commencing with HB00 and/or HB01. To obtain the Diploma all modules must be taken and 8 case studies submitted.

All course fees are non-refundable. The cost for each module is clarified here:

Core/SA: HB00:	£150 A&P for dogs/cats
Core/SA: HB01:	£150 A&P for equines
Core/SA: HB02:	£150 Veterinary Part I
Core/SA: HB03:	£150 Chemistry Part I
Core: HB04:	£250 Essential Oils
Core: HBO5:	£150 Carrier oils/waters
Core: HB06:	£250 Onsite 3 days
Core/SA: HB07:	£150 Veterinary Part II
Core/SA: HB08:	£150 Chemistry Part II
Core: HB09:	£150 Product Blending
Optional: HB10:	£150 Kinesiology
Core: HB11:	£100 Case studies

Core: Compulsory for Diploma Course

SA: Stand-alone modules and can be taken as a one-off course to enhance learning.

All course fees for each module must be paid in full prior to any course notes being sent out.

It is possible to pay by bank transfer, credit card or cheque—see payment of course fees.

Getting here

Horsehay Farm is ideally located with easy road, rail or air access from anywhere in the UK and Europe. Located 12 miles north of Oxford, we are 1 hour by car from London's Heathrow airport and Birmingham airport.

Detailed directions on getting to Horsehay Farm will be sent following registration as part of our confirmation pack. See our website www.healthybeast.com for further information.



On-site Courses for 2009

Natural Nutrition for Horses/Dogs/Cats

Tutor: Nick Thompson MRCVS

A practical scientific approach

Please check the next available dates for these workshops via the office or the website

Saturday: Cat and Dog

Sunday: Equine

When you go to your doctor you are told to eat five pieces of fruit and veg. per day; to avoid saturated fats, processed foods and too much meat. When you go to your Vet you are given processed foods for your animal. Discussions will look at what dogs, cats and horses were designed to eat and why. We will look at an ideal natural diet and how to make it practical, economic and enjoyable. We will also discuss what to feed the competition horse/dog/cat, in pregnancy and youngstock/pups/kittens.

Cost: £75 per person to include lunch

Weekend Seminar & Distillation in the field with Joe Nasr

Aromatic waters, produced through a specific distillation process, offer the therapist a gentle and yet very effective therapeutic approach. Join us for an enjoyable weekend set in deep beautiful West Wales where we will be cover the following topics:

- Sampling the waters
- Demonstration of cream making
- Harvest of Rose by participants

Cost: £100 for the weekend based in Wales.

Wolf walk

Walk with the wolves - set within 5000 acres of beautiful ancient woodlands. During the walk you will get the opportunity to go up close and touch the wolves.

Venue: UK Wolf Conversation Trust

Cost: £30 per person

Complete the registration form to book your place on any of the above onsite workshops.

REGISTRATION FORM

Required information:

Title: _____ First Name: _____ Surname: _____

Address: _____

County: _____ Postcode: _____

Telephone: _____ Mobile: _____

Email: _____

Nationality: _____ Date of Birth: _____

Relevant Qualifications: _____

Animal experience: _____

Relevant Professional Experience: _____

COURSE DETAILS please tick as appropriate)

Course Title:	Date:	Fee:

Total paid: _____

PAYMENT DETAILS

Cheque (payable to Healthy Beast Limited) Bank Transfer Cash Credit card

Please charge my Access/Visa/Mastercard account with: £ _____

Name of card holder (and address if different from enrolment address): _____

Card No: _____

Expiry Date: _____ Security Code: _____ (last 3 digits on reverse)

Signature: _____ **Date:** _____

Bank Transfer

Name: Healthy Beast Limited
 Bank: The Royal Bank of Scotland
 Branch: Oxford, England
 Sort Code: 16-10-15
 Account No: 10111274

TERMS AND CONDITIONS:

The provision of education by Healthy Beast Limited is subject to the written terms and conditions stated below.

Payment of fees: It is the student's responsibility to ensure that all fees are paid promptly at the appropriate time and if these fees are not paid, Healthy Beast reserves the right to suspend or withdraw the student before completion of the course.

Course cancellation/postponement: Healthy Beast Limited reserves the right to cancel or postpone any course. In such an event, students will be given the maximum period of notice possible and offered a place on an alternative date or a full refund.

Declaration

I have read the Prospectus and understood and agreed to the terms and conditions. I confirm that the information provided on this form is correct to the best of my knowledge. I understand that the course notes provided by Healthy Beast Limited to me are for my sole use and must not be reproduced or passed to any third party without prior consent by Healthy Beast Limited.

Signature: _____ **Date:** _____

Data Protection Act

Personal information that you provide will be held at Healthy Beast Limited for administration purposes. We may use this information to inform you of any courses and services that we offer at Horsehay Farm. We will not share your information with any other third party. If you do not wish to receive any further information please tick this box: